

Talent Center in Action: Centro “Huerta del Rey”

Yolanda Benito, Ph.D., Centro “Huerta del Rey”, Email: c_h_rey@correo.cop.es



The "Huerta del Rey" Centre continues combining scientific research, education (for parents, teachers and professionals) and practice (including psychodiagnostic, counselling, and organizing talent development programs) to promote, based on the evidence, the best practices for raising and education intellectually gifted individuals. As a pioneer Centre in Spain, “Huerta del Rey” Centre directed by Ph. D. Yolanda Benito (Rabdoud University of Nijmegen) we will:

- Continue working on the evaluation, identification, and diagnosis of gifted and talented students.
- Continue to teach our courses and coordinate activities for gifted and talented children.
- Support and training through Conferences at Universities and about 50 courses for Provincial Directorates of Education and for the Ministry for teachers and psychologists.
- Directing Doctoral Theses at the University of Burgos, Complutense University of Madrid and University of Valladolid.

- Members of several Doctoral Thesis Defence Courts in Psychology Departments, Education, Psychiatry...

On the occasion of the COVID-19 Pandemic, throughout these four months, from the “Huerta del Rey” Center we have considered it appropriate to incorporate Within the Specific Program, MEPS (Psychopedagogical and Social Enrichment Model) a series of Recommendations and activities. The Recommendations and activities have been incorporated into the Program with the benefit of children and young people in particular, and of the Family in general. These Recommendations have





been taken from Guarantee Organizations and Entities, and also from Entities to which the “Huerta del Rey” Center belongs. The activities have been selected by Professors of the Center.

The objective, as we have already mentioned, has been to enable psycho-healthy coping with the quarantine and / or isolation situation, related to the state of alarm

caused by Covid-19. The resources provided as a school for parents in the exceptional situation have been:

1) Coronavirus Recommendations, Official College of Psychologists of Castilla y León on emotional management in the face of the Coronavirus alert.

2) The Applied Psychology Service of the UNED (National University of Distance Education) has generated this guide for psycho-healthy coping with the quarantine and / or isolation situation, related to the alarm state caused by Covid-19. The objective is to promote and apply adaptive strategies in this exceptional situation; and to overcome difficulties while maintaining psychological balance.

https://www.youtube.com/watch?v=9RH_04Nlzno&list=PLk3mAOKsQNpyZIFpjPrsJfHM_h-ECX4Gh&index=2&t=0s&fbclid=IwAR1BDX-lyVAcoqZkUL2giMFA4nXldum-z6m1McwsQKDO-kMaF0p51zU7D7w

3) Madrid Official College of Psychologists: FAMILY CONVERSATIONS.

It is an occasion to talk and reason with children, and in the case of adolescents differently than when they were children. There is more time to care for children and that time can generate conversations and gatherings that in moments of compressed times cannot be had and are postponed. Now they have to be made to see that we are available.

Children and adolescents need their family, feel loved, identify with the adult and have clear rules that help create a good family environment. Establish norms and limits, agree with them and agree on the consequences of non-compliance.

Guidelines for families of children and adolescents, Official College of Psychologists of Madrid.

4) Recommendations of the Applied Psychology Service of the UNED.

Commission before the Health Alert situation by COVID-19, UNED Applied Psychology Service: I, II, III and IV

https://www.youtube.com/watch?v=cAIAQmQalWE&list=PLk3mAOKsQNpyZIFpjPrsJfHM_h-ECX4Gh&index=3&fbclid=IwAR2ZHNR768X_4ve6zgoKQjXuf4uVXJwEYDnVcDps-2ldhMjxOP-nZ4pIZQc



Gifted and Talented Students are represented in all social classes, may also present some disorders or double exceptionality, and may show poor academic performance and / or school failure. We must ask our Ministries of Education to ensure the principles of equity and equal opportunities, in order to improve education for all students. Efforts should be made to ensure that all students have equal opportunities to be identified and participate in educational interventions in school according to the law that grants them.